

My Growth Stars

Colour a star every time you learn, improve, or discover something new about yourself.

Examples: ★ I learnt a new skill. ★ I solved a problem.
★ I practised something difficult. ★ I grew more confident.
★ I became a little better than yesterday.



"Kindness is one of the brightest stars we can share. Every act of kindness helps us both shine."

Cosmic Wins

CW-STAR-R018

Helping children grow in confidence, belonging, and self-worth.

Free printable from the Cosmic Wins Resource Library

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