

# My Gratitude Stars

Colour a star every time you notice something you're thankful for today.

Examples: ★ My family. ★ A friend.

★ Sunshine. ★ A favourite book.

★ Someone who helped me.



"When we notice the good around us,  
our hearts begin to shine a little  
brighter."

## Cosmic Wins

CW-STAR-R004

Helping children grow in confidence, belonging, and self-worth.

Free printable from the Cosmic Wins Resource Library

[www.cosmicwins.co.uk](http://www.cosmicwins.co.uk)

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