

My Kindness Stars

Colour a star every time you notice or complete a kind act this week.

Examples: ★ I helped someone. ★ I said thank you.

★ I included someone. ★ I shared.

★ I was kind to myself.



"Kindness is one of the brightest stars
we can share. Every act of kindness
helps us both shine."

Cosmic Wins

CW-STAR-R001

Helping children grow in confidence, belonging, and self-worth.

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